

“Agreed”  
First Vice-President  
Of Ukrainian Swimming Federation

[Signature] D.O. Kachurovskyy

“Approved”  
President  
International Sport Swimming Club

“Energy Standard”  
[Signature] K.I. Grigorishin

Open International Swimming Match  
**“Energy Standard – Championship 2013”**  
**21-22 December 2013**  
REGULATIONS

**1. Aims and Objectives**

- Revival of sport traditions of friendly international matches;
- Promotion of sport swimming.

**2. Venue and Time**

The competition will take place in Water Sports Palace “Meteor” (27A Makarova st., Dnipropetrovsk, Ukraine)

**On 21-22 December 2013**

The date of arrival is **20 December 2013**.

**First Day**

**21 Dec (Saturday)**

Start - 10.00; warm-up - 09.15

Start - 17.00; warm-up - 16.00; Opening Ceremony - 16.45

**Second Day**

**22 Dec (Sunday)**

Start - 10.00; warm-up - 09.15

**3. Organization**

Sport Club “Meteor” is responsible for the overall organization and management of the event. The swimming contests will be judged by a panel of judges which shall be approved by Ukrainian Swimming Federation.

**4. Participation**

Individual and team form of participation is allowed.

Requirements for participation:

Teams shall consist of 24 members (6 girls 1998-1999 + 6 girls 2000 and younger + 6 boys 1997-1998 + 6 boys 1999 and younger – 3 participants of the same age in one age group) who have relevant sport training and medical certificate of fitness for the competition. Teams are allowed to participate after approval of the organizers.

**5. Competition events**

21 December

**MORNING**

400m Freestyle

100m Butterfly

100m Backstroke

4x100m Freestyle

21 December **EVENING**  
50m Butterfly  
200m Medley  
100m Freestyle  
50m Breaststroke  
4x200m (mixed-gender 2 boys +2 girls)

22 December **MORNING**  
200m Freestyle  
100m Breaststroke  
50m Freestyle  
50m Backstroke  
4x100m Medley  
12x50m Freestyle (mixed-gender 6 boys +6 girls)

## 6. Conditions of Competition

All expenses associated with participation of teams (travel expenses, meals, accommodation) are covered by Sport Club "Meteor". Citizens of the European Union do not require an entry visa to Ukraine.

For every distance each team shall have 2 participants of each age group and gender. In each contests participants of one gender and of one age group are allowed to participate. Participants of younger than the defined age of the age group cannot participate. Each swimmer shall take part in at least three but no more than four distances in individual championships.

The race is formed based on the preliminary results – lane № 4-5-3-6-2-7-8-1-9-0.  
The competition takes place on 10 lanes in the 50m swimming pool.

## 7. Winners

Winners and awardees are determined among girls and boys for each age group for each distance.

The Score table:

1m – 20 points	6m – 6 points
2 m – 16 points	7m – 4 points
3m – 12 points	8m – 3 points
4m – 10 points	9 m – 2 points
5m – 8 points	10m – 1 point

The relay score will be determined by the score table with coefficient 2; the 12x50m relay – by the score table with coefficient 3.

The winning team will be determined by the total team score (the score table) scored by 24 sportsmen.

## 8. Awards

Winners and place takers in individual championships in their age groups will be awarded with medals, certificates of honor; the winner will be awarded a memorial prize. The winning team will be awarded with the trophy Cup.

## 9. Sponsors

The general sponsor of the Open International Swimming Match "Energy Standard – Championship 2013" – International Sport Swimming Club "Energy Standard".

## 10. Application

The application to participate shall be submitted **by 18.00 on 12 December 2013** to the Secretary in charge by e-mail: [priemnaya@meteor.dp.ua](mailto:priemnaya@meteor.dp.ua) or [dengina@meteor.dp.ua](mailto:dengina@meteor.dp.ua)

Chief Judge of the Competition:

Serdinov A.V.

Chief Secretary of the Competition, nationally accredited judge: Yermakov G.I.