



ENERGY STANDARD

Open International Swimming Match “Energy Standard Championship–2014”

31 MAY-01 JUNE 2014
Moscow, Olimpiyskiy

REGULATIONS



GENERAL SPONSOR:

JSC Energomash (Ekaterinburg)-Uralelectrotyazhmash

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ENERGOMASH-EKATERINBURG



"Approved"
President of
Public Organization "Swimming Club
"Energy Standard"

K.I. Grigorishin

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1. Aims and Objectives

Revival of sport traditions of friendly international matches
Promotion of sport swimming

2. Venue and Time

The competition will take place in in the 10-lane 50m swimming pool "Olimpiyskiy", Olimpiyskiy prospect, 16/2, Moscow, 129110, Russian Federation.

On the 31 May-01 July 2014. The date of arrival is **30/05/2014**.

First Day

31/05/2014 (Saturday)

Start – 9.00; warm-up – 7.45
Start – 18.00; warm-up – 16.45

Second Day

01/06/2014 (Sunday)

Start – 9.00; warm-up – 07.45
Start – 16.30; warm-up – 15.15

Each session will not last more than 2h 30`

3. Organization

Public Organization "Swimming Club "Energy Standard" is responsible for the overall organization and management of the event. The swimming contests will be judged by a panel of judges which shall be approved by Russian Swimming Federation.

4. Participation

Individual and team form of participation is allowed.

Five (5) Clubs/National Teams are allowed to participate. Each team can be composed by a maximum number of swimmers (40). **Each Team will have to provide a medical certificate of fitness for each swimmer.**

Teams are allowed to participate after the approval of the organizers. Below are the relevant Age Groups:

Age Group A (European Junior Championships age group)

Boys 1996 – 5 swimmers
Boys 1997 – 5 swimmers
Girls 1998 – 5 swimmers
Girls 1999 – 5 swimmers

Age Group B (European Youth Olympic Festival age group)

Boys 1998 – 5 swimmers
Boys 1999 or younger – 5 swimmers
Girls 2000 – 5 swimmers
Girls 2001 or younger – 5 swimmers

5. Competition Rules

- Each swimmer shall compete in a minimum of 3 events and a maximum of 5 events (**include the relays**)
- In the events of 800 freestyle and 1500 freestyle there will be only one heat per age group
- In the relays there will be only one heat per age group
- All the events, except the 800/1500 freestyle and the relays, shall be conducted in no more than 2 heats
- One swimmer per team and age group scores a point

6. Competition Events

31/05/2014 Morning 9:00

1. 400 IM G/B
2. 50 Freestyle G/B
Awards for events 1 & 2
3. 50 Backstroke G/B
4. 50 Breaststroke G/B
Award for events 3 & 4
5. 4*200 Freestyle Mixed G/B
Award for event 5

31/05/2014 Evening 18:00

6. 100 Butterfly G/B
7. 100 Breaststroke G/B
Awards for events 6 & 7
8. 1500 Freestyle B
9. 800 Freestyle G
Award for events 8 & 9
10. 200 Backstroke G/B
11. 4*100 Freestyle G/B
Award for events 10 & 11

01/06/2014 Morning 9:00

12. 200 Butterfly G/B
13. 100 Backstroke G/B
Awards for events 12 & 13
14. 200 Breaststroke G/B
Award for event 14
15. 200 Freestyle G/B
Award for event 15

01/06/2014 Evening 16:30

16. 100 Freestyle G/B
17. 200 IM G/B
Awards for events 16 & 17
18. 50 Butterfly G/B
19. 400 Freestyle G/B
Award for events 18 & 19
20. 4*100 Medley G/B
Award for event 20

6. Conditions of Competition

All expenses associated with participation of teams (travel expenses, meals, accommodation) are covered by Public Organization "Swimming Club "Energy Standard".

7. Winners

Winner and awards are determined among girls and boys of each group for each distance.

The Score table:

1 st – 20 points	6 th – 6 points
2 nd – 16 points	7 th – 4 points
3 rd – 12 points	8 th – 3 points
4 th – 10 points	9 th – 2 points
5 th – 8 points	10 th – 1 point

The relay score will be determined by the score table coefficient 2.

The winning team will be determined by the total team score (the score table) scored by 40 swimmers.

8. Victory Ceremonies (required with the team official uniform)

- Special prize (1000 euro) for Best FINA performance (overall, one for man and one for woman)
- For individual & relay events: first 3 places per age group (G & B)
- Special prize (500 euro) for the best male and best female performance (of each age group)
- Final team ranking (both age groups together)
 - First 3 teams (male)
 - First 3 teams (female)
 - First overall team

9. Sponsors

The general sponsor of the Open International Swimming Match "Energy Standard – Championship 2014" – JSC Energomash (Ekaterinburg)-Uralelectrotyazhmash.

10. Application

The application to participate shall be submitted **by 18.00 on the 12-th of May 2014** to the Secretary Ksenia Getmanskaya in charge by e-mail:

energystandard2020@gmail.com OR ksugetman@hotmail.com